



Kristin Physiotherapy Clinic (FXV Sports & Rehabilitation)

The Kristin Physiotherapy Clinic is conveniently located onsite at Kristin School (Gate 3, 402 Albany Highway). The team provide exceptional client care, positive health education and support within Kristin School, its sporting groups and the Kristin community. The physiotherapy team has been supporting Kristin School and its community now for 7 years.

Our team of experienced clinicians have special interests in sports, spinal and other musculo-skeletal rehabilitation. We provide complete care, from diagnosis through to rehabilitation, injury prevention, and improving overall performance. We are also specialised in youth injury and junior development, understanding the physical stresses on the body during adolescents and the many other factors that contribute to youth musculo-skeletal pain and injury.

Kristin Physiotherapy Services

- Pro-active physiotherapy care of Kristin School including students, faculty, and its entire community
- Sports injury management
- Physiotherapy support for sports teams
- Postural and sports specific muscle balance assessments and individualized improvement programs
- Free seminar once a term focused on injury prevention, over training and rehabilitation. Please keep an eye out for this as spaces will be limited.

New FREE Monday Kristin Injury Clinic

We are proud to offer a new special Monday physiotherapy service to the Kristin Students. If you sustain an injury in your weekend sport, and need to see a physiotherapist urgently, we will ensure we see any new Kristin sports injuries on a Monday, and this will be a FREE service for any ACC related injury. Call our clinic on 09 444 9070, or just stop by the clinic to see one of our team. We are open 7am – 7pm on Mondays.

