

CO-CURRICULAR HANDBOOK 2016



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Clubs & Groups

Amnesty International

Year 11-13

The Kristin Amnesty Youth Group is all about protecting and defending human rights. Over the course of the year, the group runs multiple events - usually one big event per term. Term 3 runs the biggest event, the "Freedom Challenge". It is a New Zealand-wide phenomenon, during which schools all over the country run events to raise awareness and campaign for a topic of Amnesty International's choice.

Art Clubs

Year 1-13

In support of developing creativity and expression in our students, Kristin offers specialist instruction in Visual Arts across all three schools. For those students who would like to explore further opportunities in this domain there are a number of activities on offer at lunchtimes or after school. Clubs vary from term to term, but may include art, jewelery making, photography and sewing.

Book Club

Year 7-8

The Book Club attracts readers of all genres. It meets every week to discuss and challenge the students' love of reading. One of the highlights of the year is the Kid's Lit Quiz, when reading becomes a sport! Much fun is had on Wednesday lunchtimes through social interaction and online literature, which serves to motivate, expand knowledge and foster creativity.

Chess Club

Year 4-13

The benefits of chess are well documented in support of concentration, problem solving and strategic thinking. Lunchtime and after school opportunities exist for students wishing to play at all levels - from beginner classes and drop-in social sessions, to the development of competitive teams that participate in regional competitions.

Cloud Club

Year 5-6

This popular lunchtime club offers students the opportunity to develop their digital media skills in the Canon Cloud Suite. Students work together to plan, script, film and edit movies using the latest technology and quality sound and recording equipment.

Coding Club

Year 3-6

For students interested in employing the latest in emerging technologies, the Coding Club is a lunchtime opportunity to explore cutting-edge apps and to design and develop their own games and applications using simple coding programmes.

Debating

Year 7-13

Debating is a co-curricular activity that encourages a wide general knowledge, critical thought, expressiveness and teamwork. Students are challenged to develop points of view on a wide range of contemporary issues and be able to communicate their perspective to an audience. Debating also sharpens the skills of argument and logical thought.

Enviro Club

Year 3-6

A lunchtime activity group that works to raise the profile of environmental and sustainability initiatives in the Junior School, including management of the Junior School vegetable gardens.

Film Making - Canon Cloud Creative

Year 7-10

This club runs weekly and allows students to explore and experiment with the latest media making programmes and techniques. Students have full use of our Canon Cloud Suite and are able to let their creative sides run wild. Students work collaboratively each term on projects that capture the essence of Kristin school life.

Forensics@Kristin

Year 3-13

Forensics@Kristin is a high quality, high energy, non-residential holiday camp experience for gifted students from all over New Zealand. A completely student-led programme, the camps involve tremendous fun and new friendships with like-minded students from a wide variety of places and backgrounds. There are three divisions: Junior Forensics (Year 3-6), Forensics (Year 7-10), Senior Scholars (Year 11-13).

Future Problem Solving (FPS)

Year 10-13

FPS is an academically challenging programme that enables students to develop critical and creative thinking, communication skills, problem solving, research skills, team skills and time management. Another aspect is scenario writing, where students write science fiction for a national competition.

International Clubs

Year 7-13

The aim is to promote and share culture within the Kristin School community, whilst providing a friendly environment for all students interested in each culture, through the organisation of various events. Our clubs are student-run and welcome any students willing to lend a helping hand. Annual activities include: International Peace Night, assistance with Race Unity Day organised by UNESCO, International Language Week Food stalls, Korean Day and peer group support for new students.

Jane Goodall's Roots & Shoots

Year 11-13

The Roots and Shoots students aim to consolidate and build on the work of previous years. They organise student first aid courses, tree planting and work to improve Kristin's Senior School EnviroSchool status, among other activities. The students aim to support and work with external organisations such as the Mangere Refugee Centre, Auckland City Mission, Wilson Home, SPCA, World Vision, Riding for the Disabled and various habitat restoration groups around the North Shore.

Kapa Haka

Year 5-6

Kapa Haka offers students the opportunity to learn more about Maori culture, songs and dances. Performances will include Junior School Assemblies and offsite competitions.

Language Club

Year 7-13

Chinese, Japanese and Spanish clubs are available at lunchtimes or after school for those students who wish to learn about the culture of each country. A range of activities focus on such things as customs, traditions, food and some language acquisition. Students do not need to be studying the language to join a language club.

LittleCooks

Year 1-6

A weekly after-school cooking class hosted by LittleCooks.

Mathex

Year 7-8

Each year, selected students are invited to attend the annual North Shore Mathex competition. Around 13 North Shore Schools compete in the event. The students compete in teams of four and the focus of the competition is problem solving. It is a very exciting day and collaboration between team members is vital to the team's success. It certainly encompasses a number of our learner attributes, but particularly; being knowledgeable, communicating and risk-taking.

Maths Games Club

Year 5-6

An opportunity for students who share a passion for mathematical problem solving and to enter the Math Games competition.

Polynesian Club

Year 7-13

As a member of the Poly' Club, you can expect to learn songs and dances as well as some of the culture from the various islands of the Pacific. These include Cook Island drum dance and action songs, Tahitian ori, Samoan s s and songs, and Tongan songs.

Robotics

Year 7-13

The robotics team compete in the VEX Robotics Competition. This activity is designed to foster and promote interest and understanding in Science, Technology, Engineering and Mathematics. Students design, build and program robots to play a new game each year and compete in monthly regional competitions that lead to the national championships and possible qualification for the world championships in Los Angeles.

SADD

Year 11-13

The SADD Committee is about our students working with the National organisation to develop strategies that are effective for our students by working together to create positive changes: promoting alternatives and solutions to drink driving and encouraging attitudes and behaviours that will keep our school community safe.

Touch Typing

Year 4-6

A weekly afterschool programme for students wishing to develop their touch typing skills. This may be offered later in the year.

Travelwise

Year 1-7

Student representatives for the Travelwise Club are determined through a class nomination process. Meetings occur at lunchtimes. The Travelwise Club raises the profile of sustainable transport options in the Junior and Middle School and organises fun events during the year.

Writers' Camp

Year 3-10

Writers' camp is an opportunity for young enthusiastic writers in Year 7-10 to develop their writing skills and explore their writing passion with new friends in a creative, fun, collaborative environment. Students at this four-day workshop will learn under the professional tutorage of an accomplished children's writer and educator, Brian Falkner. Each student will receive individual guidance and feedback on their writing and a published book of the camp's stories. The Junior Writers' Camp (Year 3-6) is a similar workshop held for one day.

Young Enterprise (YES)

Year 11-13

The YES scheme is an experimental enterprise programme developed by the Young Enterprise Trust. YES involves setting up and carrying out a business. Students invest real money and work with a team of their peers to produce real products and services. Fundamentally, this programme provides a way for students to have a go at running a business within a managed structure. YES is a great opportunity for students to develop their strengths, work in a team and experience enterprise while managing risk and return.

Youthline Training

Year 11-13

Stage 1: Personal Development Programme: This stage is concerned with developing your self-awareness, building a sense of trust, and learning communication and active listening skills in a group environment.

Stage 2: Basic Youth and Community Skills Course: This training includes developing relationships skills, as well as learning basic skills for the youth helpline, the Hub, the internet and other first point of contact areas in the community.

Committees

Year 7-13

Students who serve on committees have the opportunity to directly influence the school. In the process, they learn meeting procedures, project management skills and collaborative strategies. To be selected for committees, students need to demonstrate commitment, organisational skills, reliability, initiative and an ability to motivate others.

Duke of Edinburgh Award

Year 9-13

The Duke of Edinburgh's Hillary Award is a programme for 14-25 year olds that is open to all young people in New Zealand regardless of background or ability. At Kristin we have an Award Unit Leader who supports students through the Duke of Edinburgh programme.

Librarians

Year 7-13

The Kristin Student Librarians endeavor our provide quality school library services for students, teachers and the wider Kristin community. Student librarians maintain the library environment as a welcoming, well-presented school hub and operate circulation desks at lunchtime. Student librarians promote reading to fellow students, as well as promoting the vast digital and hard-copy library collection.

Student Mentors & Peer Mediators

Year 6-13

The roles of Student Mentors and Peer Mediators offer support as well as service and leadership opportunities to students in the Junior and Middle School. Through these support roles students provide assistance on the playground, helping others to resolve differences, providing avenues for younger students to ask for help and acting as a role model for their peers.

Performing Arts

Choirs & Bands

Year 1-13

Kristin has many choral and instrumental performance groups, at levels to suit students with limited experience as well as those at an advanced level. Recitals are held several times a year to give musicians an opportunity to perform to a supportive audience.

Dance

Kindy - Year 13

Dance is offered as part of the Performing Arts programme at all levels, becoming a full option subject in Year 9 through to NCEA and International Baccalaureate Dance at Year 13. Co-curricular dance activities span the three schools and ensure the continued development of the subject. Dance, both in its academic and practical contexts, plays a vibrant and highly significant role in the greater life of Kristin culture.

Drama

Year 1-13

The aims of the Drama courses are to enable students to experience and participate in a wide and varied range of theatre activities and develop proficiency in more than one area of theatre technique. Students will become familiar with forms of theatre from their own and different cultures; they will explore different theatre traditions in their historical contexts and develop academic skills appropriate for the study and understanding of theatre. The aim is to enable students to become reflective and critical practitioners and to develop the confidence to explore, to experiment and to work individually and collaboratively on innovative projects, involving challenging established notions of theatre. Students will learn to understand the dynamic, holistic and evolving nature of theatre and the interdependencies of the aspects of this art form.

Music

Kindy - Year 13

Kristin offers a comprehensive itinerant music programme in vocal and instrumental tuition. Students are able to study a range of musical instruments or receive vocal coaching from skilled, professional music specialists. We strongly encourage students to discover the pleasure and positive discipline of music tuition. Kristin offers individual lessons for instrument and voice, with lessons being on a private basis with our itinerant teachers.

Musical Theatre

Year 5-6

A weekly afterschool activity in Terms 1-3 for students to develop musical theatre and production skills.

Year 7-8

A confidence-building course involving dance, music and song - an ideal training ground for our large scale musical productions.

Orchestras

Year 1-13

Kristin has many choral and instrumental performance groups, at levels to suit students with limited experience as well as those at an advanced level. Recitals are held several times a year to give musicians an opportunity to perform to a supportive audience.

Productions

Kindy - Year 13

The incredible talents of Kristin students are showcased in four major theatrical productions each year. Our Junior, Middle and Senior School productions are renowned for their consistently high levels of performance, music and stagecraft, and are enjoyed by families throughout the Kristin community and beyond.

Speech & Drama

Year 4-6

Oral communication is an essential part of everyone's life. Some find it easier than others, but it is a skill everyone can improve on. Lessons include voice work, to enable students to articulate clearly. It teaches students to present work in a positive manner, and enables them to speak in public with clarity, confidence and conviction. Students are prepared for Trinity and New Zealand Speech Board Examinations at the discretion of the tutor.

Stagecraft

Year 7-13

As well as providing opportunities for students with a passion for the spotlight, Performing Arts at Kristin provides an avenue for students who want to master the many aspects of stagecraft. Led by our award-winning teams in Wardrobe, Set Design, Lighting, Sound and Stage Management, our students are taking on new responsibilities backstage and reaping the rewards for their efforts. In recent years our Wardrobe, Lighting and Sound teams have received multiple nominations for Showdown Awards and growing numbers of Kristin graduates are seeking tertiary pathways in stagecraft.

Theatre Club

Year 7-8

A fun-filled course that works on the development of confidence and communication skills through drama games, ensemble projects and theatresports.

Year 9-13

A highly engaging improvisation course focused on developing theatresports skills with a view to participating in team events.

Sports

A comprehensive overview of each sport including information about registration, training, coaching and competitions can be found online at www.kristin.school.nz

Athletics

Year 0-13

All students in the Junior, Middle and Senior Schools get involved in Athletics. The school championship events are held during Terms 1 and 4, with each year level taking part in a one-day competition. Top performers from each division are then selected to take part in local, regional and national championships.

Badminton

Year 3-13

Badminton is played indoors and is an ideal sport to get involved in over the winter months. Teams are spread over seven age categories. Prospective players need no experience as long as they are keen to learn, have a racquet and can attend practice once per week after school.

Basketball & Miniball

Year 3-13

Basketball is a popular sport at Kristin that caters for all levels and ages. Year 3-8 teams have the opportunity to play all year, while Year 9-13 teams play mainly during the winter terms. Year 3-6 students play Miniball, with modified rules with lowered hoops.

Cheerleading

Year 7-13

Open to all students who want to learn or perfect their cheerleading skills, perform, inspire and compete.

Climbing

Year 2-13

Climbing involves a combination of bouldering and belay climbing. Students can join purely for fun to learn new skills or to become competitive and enter climbing events.

Coaches, Referees

Year 7-13

Coaching and officiating are essential components of any sport and offer a great way to give back to a team or club. For players, taking on the role of coach or umpire can help you to develop a deeper understanding of the game while providing an avenue for you to immerse yourself in the sport you love.

Cricket

Year 5-13

Junior School students are invited to join weekly training sessions in Term 4, which continue into the following Term 1 when a Junior School team is selected for the Southwell Summer Exchange. Players are also encouraged to extend their cricket interest with East Coast Bays Cricket Club.

From Year 9-13, players return to Kristin for the Schools competition, which is played in Terms 1 and 4, midweek and on Saturday afternoons.

Cross-Country

Kindy - Year 13

All students in the Junior, Middle and Senior Schools get involved in Cross-Country. The school championship events are held during Terms 2 and 3, with each school taking part in a one-day competition. Top performers from each division are then selected to take part in local, regional and national championship events.

Equestrian

Year 7-13

To be part of the Kristin Equestrian team you are required to have your own horse and gear. All team members are dedicated and professional towards their chosen sport. New riders are very welcome to join this friendly team.

Fencing

Year 2-13

The Kristin Fencing Club offers classes for beginners and advanced fencers on Saturday mornings throughout Terms 1 to 4 in the Roy Munn Gymnasium. Judit Fliszar is an internationally qualified Fencing Coach with years of elite-level competitive history. Judit runs our Kristin Fencing programme.

Football

Kindy - Year 13

Football at Kristin caters for all levels of ability, from those new to the game right through to the elite High Performance squad. The Football season runs throughout Terms 2 and 3, with trials held for players in Years 4-13 in Term 1.

Golf

Year 2-13

Golf is a fast growing sport at Kristin and is offered to students of all ages who are keen to play and compete. There are a variety of competitions available to golfers at all levels, within and outside the school. This includes age-level Kristin School Championships which are open to all students. The Auckland Intercollegiate Premier Golf Competition is during Term 1. There will be a variety of programmes available through the Institute of Golf (IoG), located at the Kristin Driving Range. The programmes are varied and designed to suit the level of ability of each individual.

Gymsports

Year 1-13

Kristin enters individuals and teams in Gymsports events throughout the year. Currently, we participate in Rhythmic Gymnastics, Primary, Intermediate and Secondary Schools Artistic Gymnastics and Trampoline. Our Primary Gymnastics Club programme runs each Friday throughout the year in the Roy Munn Gymnasium.

Hockey

Kindy - Year 13

Hockey is available throughout the year. The competitive season, however, runs through Terms 2 and 3. Our teams have an excellent record in the North Harbour and National competitions and we consistently produce talented representative players.

Multisport

Year 7-13

Year 7-8 students can sign up to compete in a Triathlon in Term 1. Year 9-13 students have a variety of events available throughout Term 1-2.

Netball

Year 1-13

Netball is available primarily as a winter sport. Pre-season trainings and trials begin early in Term 1 and the season concludes mid-Term 3. Summer Netball is played in Term 4 and is now also proving a popular avenue for students to play socially in mixed teams and also caters for those new to Netball.

Orienteering

Year 7-13

There are a number of events that cater for both novice and experienced athletes including sprints, relays, individual and rogain. We also have local club contacts to support runners looking for a more competitive environment.

Playball

Kindy - Year 3

This is a non-competitive club for students, open to both boys and girls. This is a programme that complements our PE lessons through the development of basic fundamental skills needed to grow and compete in sport.

Rugby Union

Year 3-13

Rugby is a great team game where you can improve your fitness, learn some new skills and be involved with friends and family. During the summer months, players are encouraged to be involved in Touch to improve their Rugby skills. Students in Year 3-6 play Rippa Rugby, or Tackle Rugby in Year 5-6 Zone Days. In Year 7-8, a team will be chosen to play in the Intermediate Schools Field Days. For Year 9-13 students, we field teams in the North Harbour Secondary Schools Competition.

Running Club

Year 3-13

This is a non-competitive club for students in Year 3-13 and is open to both boys and girls. Students, teachers and families are able to run together on Thursdays after school, throughout the year. Courses are specific to age, experience and fitness.

Snowsports

Kindy - Year 13

Kristin's Snowsports programme caters for all ages and ability levels in skiing, freestyle skiing and snowboarding. Students can choose from a range of programmes to help them develop their skills in a safe and fun environment, either at Snowplanet, the Kristin Lodge at Mt Ruapehu or the spectacular alpine environment of Wanaka. The programme caters for both recreational and competitive athletes.

Surfing

Year 5-13

This is a non-competitive club open to both boys and girls. A junior programme operates for Year 5 and 6, while a separate programme is run for Middle and Senior School students.

Swimming

Year 0-13

All students in the Junior, Middle and Senior Schools get involved in Swimming. The school championship events are held during Term 1, with each year level taking part in a one-day competition. Top performers from each division are then selected to take part in local, regional and national championship tournaments.

Table Tennis

Year 2-13

Table Tennis can be played competitively and socially at Kristin. Training is held during lunchtimes and matches are held at the North Harbour Table Tennis Centre in Northcote in Terms 2 and 3.

Taekwon-Do

Year 1-6

Students learn the basics of self-defence. Coached by Matthew Davey, a 3rd Dan black-belt instructor and international competitor.

Tennis

Kindy - Year 13

Tennis Northern deliver our Junior programme. The Hotshots Tennis Coaching Programme offers a holistic experience for children wanting to get involved in Tennis. The programme focuses on 'playing the game' through the use of specific and modified equipment. In Terms 1 and 4, the programme will operate from Kristin School Astro Courts and in Terms 2 and 3 will move indoors and integrate into the programmes at Tennis Northern Arena.

The Middle and Senior School Tennis programme offers a beginner's programme, training and options to participate in Interscholar competitions. Professional coaches from Tennis Northern run the coaching sessions.

Touch Rugby

Year 1-13

Touch is a safe, non-contact sport that is growing rapidly New Zealand-wide. It can be played competitively as well as socially. Touch is a simple and easy game to learn and is one of the few sports that you can play in either a same-sex or mixed team. Year 1-10 is played in Term 4, and Year 11-13 is played in Term 1.

Volleyball

Year 7-13

Volleyball is a fast and exciting team sport that can be played by all, both competitively or socially. Volleyball is a simple and fun game and no previous experience is necessary. Kristin fields teams in both Beach and Indoor Volleyball. For those interested in Beach Volleyball, there are various camps and tournaments that pupils will be encouraged to enter, based at the Mairangi Bay Beach Volleyball Centre. We also have our own Beach Volleyball court that is used for coaching purposes.

Water Polo & Flippaball

Year 2-13

At Kristin we provide Water Polo teams at Year 7-8, Junior (Year 9-10) and Senior (Year 11-13) levels. For our Junior School players, Year 2-6, we field Flippaball teams. Flippaball is a modified version of Water Polo for young players, enabling them to learn the basics of Water Polo while being able to touch the bottom of the pool, making it ideal for beginners.

Yachting

Year 7-13

Kristin enters individuals and teams into various organised Intermediate and Secondary School Sailing Regattas. Our team sailing 420 programme is open to both intermediate and experienced sailors.

Notes





Kristin
FUTURE READY

Progress with vision, integrity and love

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